



INTERNATIONAL BICYCLE CENTERS
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The 8th Annual



Canton Cup
2009 CYCLE CROSS RACE



Massachusetts
Hospital School
3 Randolph Street
Canton, MA 02021

NEUTRAL SUPPORT BY:
"BICYCLE SUPPORT BY MARK"

USAC PERMIT
#2009-2593

Saturday October 31st

The Course: 9 to 11 minute lap, 2.41 miles, mostly flat with a short paved climb, a large field, a few grass sections, some fast dirt double track plenty of turns, a track and a short section of single track (Fun! and Fast!). 3 sets of barriers and one short run up.

Race Day Registration opens at 8:00am

The Venue: The race will take place at the Massachusetts Hospital School, 3 Randolph St. Canton, MA. Indoor bathrooms and showers will be available. Registration and warm up tents will be provided. Concessions will be provided by the MHS Students and Staff. Part of the proceeds will be donated to the MHS wheelchair athletics program.

Directions:

From Boston: Take the Southeast Expressway to Rte. 128N, follow 128N to Exit 2A (Stoughton/Rte 138). Follow Rte. 138 to second set of lights. Turn right onto Randolph St. MHS is about one half mile on the left.

From Fall River: Take Rte 24 to Exit 19B (Stoughton). At fourth traffic light (Rte. 138) turn right. Follow 138 about four miles. At third set of traffic lights (Randolph St.) turn left. MHS is about one half mile on the left.

From Cape Cod: Crossing the Sagamore Bridge: Take Rte. 6 to Rte. 3 N. to Rte. 128 N. to Exit 2A (Stoughton/Rte. 138). Follow Rte. 138 to second set of lights. Turn right onto Randolph St. MHS is about one half mile on the left.

From the North (points north): Take Rte. 128S. to Exit 2A (Stoughton/Rte 138). Follow Rte 138 to second set of lights. Go right onto Randolph St. MHS is about one half mile on the left.

From the West (Albany) Take I – 90 east to RT128/95 south. Follow directions above (points north)

Race	Start	Length	Entry	Places	Prizes
Cat 3,4 Women	9:30	30 min	\$25.00	3	Medals
JRS 14 & Under		30 min	\$15.00		
Cat 4 Men	10:15	30 min	\$25.00	3	Medals
Masters 45+/55+ Cat 3,4 Juniors 15-18	11:00	40min	\$30.00 /\$15.00	3	Medals/ Merch.
Masters 35 + Cat 1,2,3,4	12:00	45min	\$30.00	5	\$350.00
Cat 3,4 Men	1:00	45min	\$30.00	5	Medals/ Merch.
Kids Race Ages 4-5 /6-7/8-9	2:00	Costumes Welcome	\$0	N/A	
Elite Women Cat 1,2,3	2:30	40min	\$30.00	5	\$350.00
Elite Men Cat 1,2,3	3:30	60 min	\$35.00	10	\$750.00

(Important) There is no mail in registration. Please register at www.bikereg.com.

Race day registration opens at 8:00am.

Pre-registration at bikereg.com

On line service fee applied based on Bikereg.com standard service fee rates

Second Race \$10.00

For more information please contact:

Todd Crisafulli

Email: team@northatlanticvelo.org

Day Phone: (415) 272-0243

Fees include all insurance. USA Cycling license, ANSI/SNELL certified helmet, and well-functioning road, mountain (no bar ends), or cycle cross bike required to race. Annual USA Cycling licenses available day of race. One day licenses are an additional \$10. Registration opens at 8:00AM, closes 10 minutes before each race. USCF Category 1, 2 and Pros must do the Elite race. Category 3 may do 3, 4 or 1, 2, 3 race. You are encouraged to race in more than one race as long as you are qualified for each race (example: Cat 3 master can do both 3, 4 race and "Masters" race). Register Online at bikereg.com